



**Lumbini,  
Nepal  
1<sup>st</sup> March 2007**

The birth place  
of the Buddha  
and almost the  
last of our pil-  
grimage steps.

"It's our birthday  
too! Happy Birth-  
day!" said Vener-  
able Sudhiro with  
a beaming smile.







Finding, as usual, a quiet spot beneath a Bodhi tree to meditate. Our group of different nationalities, cultures, personalities bowing as one, chanting as one.







The wind is rustling the leaves causing them to drop down around us, as we sit, eyes closed, sun shining brightly, warmth and light everywhere.

Deep gratitude and happiness arise with a strong determination to let go completely of the past and share good things with others.





There is no better place in the world to be  
right now than here in Lumbini.  
Our pilgrimage together has made real the  
teachings in my heart.  
Thank you – all teachers and Dhamma friends  
in the past, the present and the future.

**Words: Elizabeth Hassan 2007**

**Photographs: Les Callow, Jane Allen, Pascale  
and Zarine Katrak**

Layout: Zarine Katrak



## The Parami Group 2007

